


MAY 2024

Mon	Tue	Wed	Thu	Fri		
		1 8.45am Euchre 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.45am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO</u> <u>EYES DOWN 7PM</u>	2 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 2.00pm Mindful Yoga with Jane	3 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00m Art Group 12.00pm Canasta 12.45pm BINGO	<u>OFFICE HOURS</u> 8.30am to 4.00pm Monday-Friday 9752 2232 <u>Hairdressers</u> Mobile 0447 126 642 <u>Wednesday—Friday</u> <u>9.00am-12.00pm</u>	
	6 9.00am Art Group 9.00am Gym/Weights with Steph 9.30am Scrabble 10.00am Gentle Gym with Steph 10.15am Qigong (New Hall) 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane	7 9.00am Table Tennis 9.45am Yogalates 12.45pm Indoor Bowls 1.00pm Ukulele	8 8.45am Euchre— <u>Visitation (Harcourts Hall)</u> 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.45am Bootscooting 11.00am Tai Chi— <u>Lesser Hall</u> 1.00pm Table Tennis	9 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 2.00pm Mindful Yoga with Jane	10 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 12.00pm Canasta 12.45pm BINGO	<u>Massage & Beauty</u> Call Treena: 0439 510 245 9am to 2.30pm Monday only
	13 9.00am Art Group 9.00am Gym/Weights with Steph 9.30am Scrabble 10.00am Gentle Gym with Steph 10.15am Qigong (New Hall) 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane	14 9.00am Table Tennis 9.45am Yogalates 12.45pm Indoor Bowls 1.00pm Ukulele	15 8.45am Euchre 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.45am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO</u> <u>EYES DOWN 7PM</u>	16 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 2.00pm Mindful Yoga with Jane	17 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 12.00pm Canasta 12.45pm BINGO	Every Saturday of the Month we have Indoor Bowls Start time 1.00 pm <hr/> <div>No act of KINDNESS no matter how small is ever wasted.</div>
	20 9.00am Art Group 9.00am Gym/Weights with Steph 9.30am Scrabble 10.00am Gentle Gym with Steph 10.15am Qigong (New Hall) 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane	21 9.00am Table Tennis 9.45am <u>Yogalates—CANCELLED</u> 12.45pm Indoor Bowls 1.00pm Ukulele	22 8.45am Euchre 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.45am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis	23 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 2.00pm Mindful Yoga with Jane	24 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 12.00pm Canasta 12.45pm BINGO	
	27 9.00am Art Group 9.00am Gym/Weights with Steph 9.30am Scrabble 10.00am Gentle Gym with Steph 10.15am Qigong (New Hall) 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane	28 9.00am Table Tennis 9.45am Yogalates 12.45pm Indoor Bowls 1.00pm Ukulele	29 8.45am Euchre 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.45am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO</u> <u>EYES DOWN 7PM</u>	30 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 2.00pm Sound Meditation & Mindful Movement with Jane	31 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 12.00pm Canasta 12.45pm BINGO	
					Busselton Senior Citizens Centre 22 Peel Terrace Busselton WA 6280 Phone (08) 9752 2232 Email: manager@bscc.net.au www.bscc.net.au	