


# JULY 2025

Mon	Tue	Wed	Thu	Fri	
	<p>1</p> <p>9.00am Table Tennis</p> <p><b>9.45am Yogalates—Cancelled</b></p> <p>12.45pm Indoor Bowls</p> <p>1.00pm Ukulele</p>	<p>2</p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre</p> <p>10.00am Bootscooting</p> <p>11.00am Tai Chi</p> <p>1.00pm Table Tennis</p> <p style="color: red; font-size: small;"><u>WEDNESDAY NIGHT BINGO. EYES DOWN 6.45PM</u></p>	<p>3</p> <p><b>9.15am Beginners Yogalates-Cancelled</b></p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>4</p> <p>8.00am Gym with Steph</p> <p>8.30am Gentle Gym with Steph</p> <p>9.00am Art Group</p> <p>10.30am Beginners Bootscooting</p> <p>12.00pm Canasta</p> <p>12.45pm BINGO</p>	<p><b><u>OFFICE HOURS</u></b>  <b>8.30am to 4.00pm</b>  <b>Monday-Friday</b>  <b>9752 2232</b></p>
<p>7</p> <p>9.00am Art Group</p> <p>9.00am Gym/Weights with Steph</p> <p>9.00am Scrabble</p> <p>10.00am Gentle Gym with Steph</p> <p>10.15am Qigong</p> <p>12.45pm Indoor Bowls</p> <p>2.00pm Mindful Yoga with Holly—BYO Mat</p>	<p>8</p> <p>9.00am Table Tennis</p> <p><b>9.45am Yogalates—Cancelled</b></p> <p>12.45pm Indoor Bowls</p> <p>1.00pm Ukulele</p>	<p>9 <b>*XMAS IN JULY LUNCHEON*</b></p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre —Library</p> <p>10.00am Bootscooting</p> <p>11.00am Tai Chi</p> <p>1.00pm Table Tennis</p> <p style="color: red; font-size: small;"><u>WEDNESDAY NIGHT BINGO. EYES DOWN 6.45PM</u></p> 	<p>10</p> <p><b>9.15am Beginners Yogalates-Cancelled</b></p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>11</p> <p>8.00am Gym with Steph</p> <p>8.30am Gentle Gym with Steph</p> <p>9.00am Art Group</p> <p>10.30am Beginners Bootscooting</p> <p>12.00pm Canasta</p> <p>12.45pm BINGO</p>	<p><b><u>Massage &amp; Beauty</u></b>            Call Treena: 0439 510 245            9am to 2.30pm  <b><u>MONDAY ONLY</u></b></p> <hr/> <p><b><u>Hairdressers</u></b>            Mobile 0447 126 642  <b><u>TUESDAY TO FRIDAY</u></b></p>
<p>14</p> <p>9.00am Art Group</p> <p>9.00am Gym/Weights with Steph</p> <p>9.00am Scrabble</p> <p>10.00am Gentle Gym with Steph</p> <p>10.15am Qigong</p> <p>12.45pm Indoor Bowls</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>15</p> <p><b>9.00am Table Tennis—Cancelled</b></p> <p><b>9.45am Yogalates—Cancelled</b></p> <p>9.00am Indoor Bowls—<b>GALA DAY</b></p> <p>1.00pm Ukulele</p>	<p>16</p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre</p> <p>10.00am Bootscooting</p> <p>11.00am Tai Chi</p> <p>1.00pm Table Tennis</p> <p style="color: red; font-size: small;"><u>WEDNESDAY NIGHT BINGO. EYES DOWN 6.45PM</u></p>	<p>17</p> <p><b>9.15am Beginners Yogalates—Cancelled</b></p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>18</p> <p>8.00am Gym with Steph</p> <p>8.30am Gentle Gym with Steph</p> <p>9.00am Art Group</p> <p>10.30am Beginners Bootscooting</p> <p>12.00pm Canasta</p> <p>12.45pm BINGO</p>	<p><b>Every Saturday of the Month we have Indoor Bowls Start time 1.00 pm</b></p>
<p>21</p> <p>9.00am Art Group</p> <p>9.00am Gym/Weights with Steph</p> <p>9.00am Scrabble</p> <p>10.00am Gentle Gym with Steph</p> <p>10.15am Qigong</p> <p>12.45pm Indoor Bowls</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>22</p> <p>9.00am Table Tennis</p> <p>9.45am Yogalates</p> <p>12.45pm Indoor Bowls</p> <p>1.00pm Ukulele</p>	<p>23</p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre</p> <p>10.00am Bootscooting</p> <p>11.00am Tai Chi</p> <p>1.00pm Table Tennis</p> <p style="color: red; font-size: small;"><u>WEDNESDAY NIGHT BINGO. EYES DOWN 6.45PM</u></p>	<p>24</p> <p>9.15am Beginners Yogalates</p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>25</p> <p>8.00am Gym with Steph</p> <p>8.30am Gentle Gym with Steph</p> <p>9.00am Art Group</p> <p>10.30am Beginners Bootscooting</p> <p>12.00pm Canasta</p> <p>12.45pm BINGO</p>	
<p>28</p> <p>9.00am Art Group</p> <p>9.00am Gym/Weights with Steph</p> <p>9.00am Scrabble</p> <p>10.00am Gentle Gym with Steph</p> <p>10.15am Qigong</p> <p>12.45pm Indoor Bowls</p> <p>2.00pm Mindful Yoga with Jane—BYO Mat</p>	<p>29</p> <p>9.00am Table Tennis</p> <p>9.45am Yogalates</p> <p>12.45pm Indoor Bowls</p> <p>1.00pm Ukulele</p>	<p>30</p> <p>9.00am Bootscooting for High Beginners</p> <p>9.00am Ukulele Group</p> <p>9.00am Euchre</p> <p>10.00am Bootscooting</p> <p>11.00am Tai Chi</p> <p>1.00pm Table Tennis</p> <p style="color: blue; font-size: small;"><u>*WEDNESDAY NIGHT BINGO CANCELLED*</u></p>	<p>31</p> <p>9.15am Beginners Yogalates</p> <p>9.30am Mahjong</p> <p>10.15am Zumba with Gizelle</p> <p>1.00pm Table Tennis</p> <p>2.00pm Sound Meditation &amp; Mindful Movement with Jane—BYO Mat</p>		<p><b>Busselton Senior Citizens Centre</b>            22 Peel Terrace Busselton WA 6280            Phone (08) 9752 2232            Email: manager@bscc.net.au            www.bscc.net.au</p>