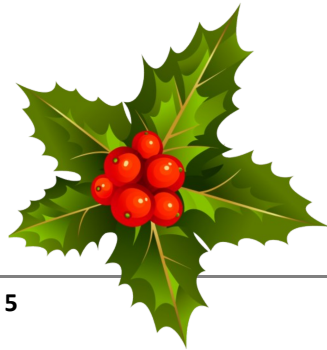


DECEMBER 2025

Mon	Tue	Wed	Thu	Fri	
					OFFICE HOURS 8.30am to 4.00pm Monday-Friday 9752 2232
1 9.00am Art Group 9.00am Gym/Weights 9.00am Scrabble 10.00am Gentle Chair Gym with Steph—CANCELLED 10.15am QIGONG CANCELLED 12.30pm 500's Group 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane—BYO Mat	2 8.30am Chair Yoga 9.00am Table Tennis 9.45am Yogalates 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele	3 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre 10.00am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis WEDNESDAY NIGHT BINGO EYES DOWN 6.45PM	4 9.15am Beginners Chair Yogalates 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 1.00pm Caresong 2.00pm Mindful Yoga with LIZ—BYO Mat	5 9.00am Gym with Steph 9.30am Gentle Chair Gym with Steph (SHORT CLASS) 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	Massage & Beauty Call Treena: 0439 510 245 MONDAY ONLY Hairdressers Mobile 0447 126 642 TUESDAY TO FRIDAY
8 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle Chair Gym with Steph 12.30pm 500's Group 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane—BYO Mat	9 8.30am Chair Yoga 9.00am Table Tennis 9.45am Yogalates 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele	10 9.00am Bootscooting fc Beginners 9.00am Ukulele Group 9.00am Euchre 10.00am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis WEDNESDAY NIGHT BINGO EYES DOWN 6.45PM 	11 9.15am Beginners Chair Yogalates 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 1.00pm Caresong 2.00pm Mindful Yoga with Jane—BYO Mat	12 8.00am Gym with Steph 8.30am Gentle Chair Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 11.00am BINGO XMAS PARTY ***EYES DOWN 11.30AM*** 12pm Canasta	Every Saturday of the Month we have Indoor Bowls Start time 1.00 pm **Last game for 2025 is Saturday 13th December 2025**
15 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle Chair Gym with Steph 12.30pm 500's Group 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane—BYO Mat	16 8.30am Chair Yoga 9.00am Table Tennis 1.00pm Mahjong 1.00pm Ukulele	17 9.00am Euchre 12.00pm CENTRE XMAS LUNCH 1.00pm Table Tennis - Harcourts WEDNESDAY NIGHT BINGO XMAS PARTY EYES DOWN 7PM	18 9.30am Mahjong 1.00pm Table Tennis 1.00pm Caresong 2.00pm Sound Meditation & Mindful Yoga with Jane—BYO Mat	19 8.00am Gym with Steph 8.30am Gentle Chair Gym with Steph 12.00pm Canasta CENTRE CLOSED FROM 3PM. 	
MERRY CHRISTMAS TO YOU ALL. THE CENTRE IS CLOSED FROM: 3PM —FRIDAY 19TH DECEMBER 2025 RE-OPENING ON: MONDAY 5TH JANUARY 2026.					Busselton Senior Citizens Centre 22 Peel Terrace Busselton WA 6280 Phone (08) 9752 2232