



Internet Address: www.bscc.net.au
 Email: manager@bscc.net.au



MARCH 2020

NEW OPTOMETRIST

Mr B The Optometrist, have a new staff member on their optical team. Alex Perry studied at UWA and the University of Melbourne, receiving an Outstanding Graduate Award. Alex has extensive experience from all over the world. Since arriving in Busselton, Alex has been struck by the sense of community here and is looking forward to meeting and helping his customers.

To make an appointment with Alex or one of the team at Mr B The Optometrist, call Busselton on 9754 1441 or Dunsborough on 9756 8384.

NEW PODIATRIST

Now that the Busselton Podiatry has moved to Vasse, we have decided to refer our Members wanting subsidised Podiatry

Appointments to:
 TLC PODIATRY -73 Bussell Highway

Please contact Tasmin Lyons for an appointment on 0408 849 197 or email: tam@tlcpodiatry.com

FACEBOOK



Did you know we have a Facebook Page? Why not like us



NUTRITIONIST PRESENTATION

WEDNESDAY 25TH MARCH AT 2.00PM

Claire who is a Nutritionist will be talking to you about controlling and reversing diabetes, reducing risk of heart disease, stroke and cancer by ditching sugar and hidden sugar in your diet. This presentation will take place in the Harcourts Hall—we look forward to your attendance.



MEDITATION

For the duration of the Centre's expansion work Meditation is no longer being held on the premises. To find out the new location for this activity please contact:

Rosemary on 0430 038 774

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VOLUNTEER GARDENER WANTED

If you really love gardening why not lend a helping hand at the Senior Citizens Centre. Our garden is in need of some tender loving care so we would love to hear from you if you would like to help us with this project.

URGENTLY REQUIRED VOLUNTEERS FOR SILVER CHAIN

The Busselton Silver Chain branch urgently require volunteers—if you would like to give a helping hand please contact Ron Grigg on:

ph:9752 4210 or email him: ron2grigg@gmail.com

Chair Yoga

This Yoga class commenced On Thursday 27th February from 10.15am—11.15am in the Harcourts Hall. We look forward to you supporting this class with Simone