

**Seniors Week
8th—15th November 2020**

To celebrate Seniors week, all activities that week will be FREE to Members and Visitors.



**Treena Williams
Massage &
Beauty Therapist
Mobile: 0439 510 245**

Massage and beauty available at the Centre every Monday with Treena.

Why not make an appointment and enjoy being pampered!!

CAFÉ 55

Café 55 has gone up market but our meals and prices are just the same!!

Why not come along and see how classy our upgraded dining room now looks.

Lunches served between 12pm—1pm
Book by phoning 9752 2232 by 11am

**VOLUNTEER WAIT STAFF
WANTED**

11.30AM to 1.30PM
Café 55 requires wait staff. Volunteers would be expected to provide table service, general tidying of dining room and some dish washing.

Days/times/duties required can be flexible.

If you are interested please see Sherrie in the kitchen or phone Heidi on 9752 2232.
Many thanks in anticipation!!

**Our Much Loved and Appreciated
Paul Windsor's Poem**

We're here in the kitchen at Senior Citz, where head chef Sherrie does crack the whip.

Some vegies are cut and some vegies are diced, different deserts are made and the meat is sliced.

Salads are readied while Lola deep fries and meals for delivery, Chrissy helps organize.

Pots are washed and pans are scrubbed by volunteers who lend a hand.

Meals are readied and members dine in, soon happily served by the merry band.

Knives are sharpened and floors are washed, benches are cleaned and rubbish is tossed.

Cutlery is washed but forks must be dried first, now feeling so tired, we need to be nursed.

To prepare for next week, the staff have their list, so see you down here at Busselton Senior Citz

ZUMBA WITH GIZELLE

The Zumba with Gizelle on every Thursday commencing at 10.15am has been a great success....come along and enjoy the fun!!