


AUGUST 2025

Mon	Tue	Wed	Thu	Fri	
				1 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	OFFICE HOURS 8.30am to 4.00pm Monday-Friday 9752 2232
4 9.00am Art Group 9.00am Gym/Weights— CANCELLED 9.00am Scrabble 10.00am Gentle Gym— CANCELLED 10.15am Qigong 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane — BYO Mat	5 9.00am Table Tennis 9.45am Yogalates 12.30pm Mahjong 12.45pm Indoor Bowls 1.00pm Ukulele	6 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre Visitation— Harcourts 10.00am Bootscooting 11.00am Tai Chi— Lesser Hall 1.00pm Table Tennis * WEDNESDAY NIGHT BINGO CANCELLED*	7 9.15am Beginners Yogalates 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 2.00pm Mindful Yoga with Jane—BYO Mat	8 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	Massage & Beauty Call Treena: 0439 510 245 9am to 2.30pm MONDAY ONLY
11 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle Gym with Steph 10.15am Qigong 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane— BYO Mat	12 9.00am Table Tennis 9.45am Yogalates 12.30pm Mahjong 12.45pm Indoor Bowls 1.00pm Ukulele	13 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre 10.00am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis WEDNESDAY NIGHT BINGO. EYES DOWN 6.45PM	14 9.15am Beginners Yogalates 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 2.00pm Mindful Yoga with Jane—BYO Mat	15 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	Every Saturday of the Month we have Indoor Bowls Start time 1.00 pm Unless otherwise advised
18 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle Gym with Steph 10.15am Qigong 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane— BYO Mat	19 9.00am Table Tennis 9.45am Yogalates 12.30pm Mahjong 12.45pm Indoor Bowls 1.00pm Ukulele	20 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre 10.00am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis WEDNESDAY NIGHT BINGO. EYES DOWN 6.45PM	21 9.15am Beginners Yogalates 9.30am Mahjong 10.15am Zumba— CANCELLED 1.00pm Table Tennis 2.00pm Mindful Yoga with Jane—BYO Mat	22 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	
25 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle Gym with Steph 10.15am Qigong 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane— BYO Mat	26 9.00am Table Tennis 9.45am Yogalates 12.30pm Mahjong 12.45pm Indoor Bowls 1.00pm Ukulele	27 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre 10.00am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis WEDNESDAY NIGHT BINGO. EYES DOWN 6.45PM	28 9.15am Beginners Yogalates 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 2.00pm Sound Meditation & Mindful Movement with Jane— BYO Mat	29 8.00am Gym with Steph 8.30am Gentle Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	
					Busselton Senior Citizens Centre 22 Peel Terrace Busselton WA 6280 Phone (08) 9752 2232 Email: manager@bscc.net.au www.bscc.net.au

"Sometimes you will
never know the
value of a moment
until it becomes a
memory"
- Dr. Seuss