

NOVEMBER 2025

Mon	Tue	Wed	Thu	Fri	
					OFFICE HOURS 8.30am to 4.00pm Monday-Friday 9752 2232
3 9.00am Art Group 9.00am Gym/Weights 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym with Steph 10.15am Qigong 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane—BYO Mat	4 <u>Melbourne Cup Luncheon</u> 8.30am Chair Yoga <u>8.30am</u> Table Tennis 9.45am Yogalates Indoor Bowls—CANCELLED 1.00pm Mahjong 1.00pm Ukulele	5 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre 10.00am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO EYES DOWN 6.45PM</u>	6 9.15am Beginners <u>Chair</u> Yogalates 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 1.00pm Caresong 2.00pm Mindful Yoga with Jane—BYO Mat	7 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	<u>Massage & Beauty</u> Call Treena: 0439 510 245 <u>MONDAY ONLY</u> <u>Hairdressers</u> Mobile 0447 126 642 <u>TUESDAY TO FRIDAY</u>
10 SENIORS WEEK 9.00am Art Group—CANCELLED 9.00am Gym/Weights with Steph—CANCELLED 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym—CANCELLED 10.15am Qigong 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane—BYO Mat	11 SENIORS WEEK 8.30am Chair Yoga 9.00am Table Tennis 9.45am Yogalates 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele	12 SENIORS WEEK 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre— Visitation (Harcourts) 10.00am Bootscooting 11.00am Tai Chi— Lesser Hall 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO EYES DOWN 6.45PM</u>	13 SENIORS WEEK 9.15am Beginners <u>Chair</u> Yogalates 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 1.00pm Caresong 2.00pm Mindful Yoga with Jane—BYO Mat	14 SENIORS WEEK 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	Every Saturday of the Month we have Indoor Bowls Start time 1.00 pm <u>Unless otherwise advised</u>
17 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym with Steph 10.15am Qigong 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane—BYO Mat	18 8.30am Chair Yoga 9.00am Table Tennis—Cancelled 9.30am Indoor Bowls— Visitation 9.45am Yogalates 1.00pm Mahjong 1.00pm Ukulele	19 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre 10.00am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO EYES DOWN 6.45PM</u>	20 9.15am Beginners <u>Chair</u> Yogalates 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis 1.00pm Caresong 2.00pm Mindful Yoga with Jane—BYO Mat	21 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	
24 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym with Steph 10.15am Qigong 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane—BYO Mat	25 9.00am Table Tennis 9.45am Yogalates 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele	26 9.00am Bootscooting for High Beginners 9.00am Ukulele Group 9.00am Euchre 10.00am Bootscooting 11.00am Tai Chi 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO EYES DOWN 6.45PM</u>	27 9.15am Beginners <u>Chair</u> Yogalates 9.30am Mahjong 10.15am Zumba 1.00pm Table Tennis 1.00pm Caresong 2.00pm Sound Meditation & Mindfulness Yoga with Jane—BYO Mat	28 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	
					Busselton Senior Citizens Centre 22 Peel Terrace Busselton WA 6280 Phone (08) 9752 2232 Email: manager@bscc.net.au www.bscc.net.au