

JANUARY 2026

Mon	Tue	Wed	Thu	Fri	
					OFFICE HOURS 8.30am to 4.00pm Monday-Friday 9752 2232
					
5 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym—Steph 12.45pm Indoor Bowls	6 9.00am Table Tennis 12.45pm Indoor Bowls	7 9.00am Euchre 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO_EYES DOWN 6.45PM</u>	8 9.30am Mahjong 10.15am Zumba with Gizelle 1.00pm Table Tennis	9 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 12.00pm Canasta 12.45pm BINGO	Massage & Beauty Call Treena: 0439 510 245 <u>MONDAY ONLY</u> <u>Back 19th January 2026</u> Hairdressers Mobile 0447 126 642 <u>TUESDAY TO FRIDAY</u> <u>Back 6th January 2026</u>
12 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym—Steph 12.30pm 500's Club 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane— —BYO Mat	13 8.30am Chair Yoga 9.00am Table Tennis 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele	14 9.00am Bootscooting for High Beginners 9.00am Euchre 10.00am Bootscooting 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO_EYES DOWN 6.45PM</u>	15 9.30am Mahjong 10.15am Zumba with Gizelle 11.30am Mindful Yoga with Jane—BYO Mat 1.00pm Table Tennis 1.00pm Caresong	16 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	Every day is a new beginning. Take a deep breath, smile and start again. www.YourPositiveOasis.com
19 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym— Steph 12.30pm 500's Club 12.45pm Indoor Bowls 2.00pm Mindful Yoga with Jane— —BYO Mat	20 8.30am Chair Yoga 9.00am Table Tennis 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele	21 9.00am Bootscooting for High Beginners 9.00am Euchre 10.00am Bootscooting 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO_EYES DOWN 6.45PM</u>	22 9.30am Mahjong 10.15am Zumba with Gizelle 11.30am Mindful Yoga with Jane—BYO Mat 1.00pm Table Tennis 1.00pm Caresong	23 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	Every Saturday of the Month we have Indoor Bowls Start time 1.00 pm Unless otherwise advised <u>First day back is Saturday</u> <u>10th January 2026</u>
26 AUSTRALIA DAY PUBLIC HOLIDAY	27 8.30am Chair Yoga 9.00am Table Tennis 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele	28 9.00am Bootscooting for High Beginners 9.00am Euchre 10.00am Bootscooting 1.00pm Table Tennis <u>WEDNESDAY NIGHT BINGO_EYES DOWN 6.45PM</u>	29 9.30am Mahjong 10.15am Zumba with Gizelle 11.30am Mindful Yoga with Jane—BYO Mat 1.00pm Table Tennis 1.00pm Caresong	30 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO	Busselton Senior Citizens Centre 22 Peel Terrace Busselton WA 6280 Phone (08) 9752 2232 Email: manager@bscc.net.au www.bscc.net.au