

					ALTERNATIVE MEAL OPTIONS						Depending on availability	
					1	2	3	4				
DATE	SOUP	QTY	SCHEDULED MAIN MEAL	QTY	Bacon & Egg Pie	Steak Pie	Veg Quiche	Meat & Salad	SWEETS	QTY	FROZEN MEAL	QTY
Mon 3rd	Lamb shank & veg		Shepherd's pie & greens						Peach cobbler & custard			
Tues 4th	Potato & leek		Satay beef, rice & vegetables						Carrot cake & cream			
Wed 5th	Cream of chicken		Grilled fish, lemon sauce, mash & greens						Apple crumble & custard			
Thurs 6th	Tomato		Chicken schnitzel, gravy, macaroni cheese & coleslaw						Apricot tart & custard			
Fri 7th	Pea & ham		Roast beef, baked vegetables, cauliflower cheese & greens						Sticky date pudding			
Mon 10th	Pumpkin		Meatloaf, mash & greens						Sticky pears & custard			
Tues 11th	Creamy zucchini		Sweet & sour pork, rice & vegetables						Custard tart & cream			
Wed 12th	Lamb shank & veg		Savoury lamb chops, mash & greens						Chocolate pudding & custard			
Thu 13th	Potato & leek		Crumbed fish, vegetable bake & greens						Pineapple delight			
Fri 14th	Cream of chicken		Roast chicken, baked vegetables, cauliflower cheese & greens						Pavlova, berries & cream			
Mon 17th	Tomato		Potato pie & vegetables						Prunes & custard			
Tues 18th	Pea & ham		Sticky pork chops, potato bake & Asian salad						Tiramisu			
Wed 19th	Pumpkin		Beef & mushroom casserole, mash & greens						Trifle			
Thu 20th	Creamy zucchini		Chicken rissoles, gravy, baked garlic potatoes & vegetables						Pineapple fritter & custard			
Fri 21st	Lamb shank & veg		Roast lamb, baked vegetables, cauliflower cheese & greens						Lemon cheesecake			
Mon 24th	Potato & leek		Marinated chicken drumsticks, mash & greens						Creamed rice & fruit			
Tues 25th	Cream of chicken		Grilled fish, lemon sauce, garlic potato & greens						Pineapple cake & custard			
Wed 26th	Tomato		Corned silverside, mash & vegetables						Peach meringue			
Thu 27th	Pea & ham		Coconut lamb curry, rice & greens						Layered mousse cake			
Fri 28th	Pumpkin		Roast pork, baked vegetables, cauliflower cheese & greens						Apple pie & custard			
Mon 31st	Creamy zucchini		Chicken chow mein, egg noodles with vegetables						Baked vanilla custard			

Main Meal	\$10.50
Soup	\$3.50
Sweet	\$3.50
Delivery (per time)	\$2.00