

JULY 2026

Mon	Tue	Wed	Thu	Fri	
	<p><u>YOGALATES & CHAIR YOGALATES CLASSES ARE CANCELLED FROM 7TH JULY 2026 AND RE-COMMENCING TUESDAY 11TH AUGUST (AS TONI IS AWAY).</u></p>	<p>1 9.00am Bootscooting for High Beginners 9.00am Ukulele 9.00am Euchre 10.00am Bootscooting 11.00am **Tai Chi—with Tricia Lee 12.00pm Bridge Club 1.00pm Table Tennis</p>	<p>2 9.00am Beginners <u>Chair</u> Yogalates with Toni 9.30am Mahjong 10.15am Zumba with Gizelle 11.30am Mindful Yoga with Jane—BYO Mat 1.00pm Table Tennis 1.00pm Caresong</p>	<p>3 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO EYES DOWN</p>	<p style="text-align: center;"><u>OFFICE HOURS</u> 8.30am to 4.00pm Monday-Friday 9752 2232</p>
<p>6 9.00am Art Group 9.00am Gym/Weights 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym—Steph 10.15am Qigong 12.30pm 500's Club 12.45pm Indoor Bowls 2.00pm Mindful Yoga Jane—BYO Mat</p>	<p>7 8.30am <u>Chair</u> Yoga with Jane 9.00am Table Tennis 9.45am Yogalates—CANCELLED 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele</p>	<p>8 9.00am Bootscooting for High Beginners 9.00am Ukulele 9.00am Euchre—<u>Library</u> 10.00am Bootscooting 11.00am **Tai Chi—with Tricia Lee 12.00pm Bridge Club 12.00pm XMAS IN JULY LUNCHEON 1.00pm Table Tennis</p>	<p>9 9.00am Beginners <u>Chair</u> Yogalates Toni—CANCELLED 9.30am Mahjong 10.15am Zumba CANCELLED 11.30am Mindful Yoga with Jane—BYO Mat 1.00pm Table Tennis 1.00pm Caresong</p>	<p>10 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO EYES DOWN</p>	<p style="text-align: center;"><u>Massage & Beauty</u> Call Treena: 0439 510 245 MONDAY ONLY <u>BY APPOINTMENT</u></p> <hr/> <p style="text-align: center;"><u>Hairdressers</u> Mobile 0447 126 642 FROM TUESDAY TO FRIDAY BY APPOINTMENT ONLY</p>
<p>13 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym—Steph 10.15am Qigong 12.30pm 500's Club 12.45pm Indoor Bowls 2.00pm Mindful Yoga Jane—BYO Mat</p>	<p>14 8.30am <u>Chair</u> Yoga with Jane 9.00am Table Tennis—CANCELLED 9.45am Yogalates-CANCELLED 9.00am Indoor Bowls-<u>Visitation</u> 1.00pm Mahjong 1.00pm Ukulele</p>	<p>15 9.00am Bootscooting for High Beginners 9.00am Ukulele 9.00am Euchre 10.00am Bootscooting 11.00am **Tai Chi—with Tricia Lee 12.00pm Bridge Club 1.00pm Table Tennis</p>	<p>16 9.00am Beginners <u>Chair</u> Yogalates Toni—CANCELLED 9.30am Mahjong 10.15am Zumba with Gizelle 11.30am Mindful Yoga with Jane—BYO Mat 1.00pm Table Tennis 1.00pm Caresong</p>	<p>17 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO EYES DOWN</p>	
<p>20 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym—Steph 10.15am Qigong 12.30pm 500's Club 12.45pm Indoor Bowls 2.00pm Mindful Yoga Jane—BYO Mat</p>	<p>21 8.30am <u>Chair</u> Yoga with Jane 9.00am Table Tennis 9.45am Yogalates-CANCELLED 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele</p>	<p>22 9.00am Bootscooting for High Beginners 9.00am Ukulele 9.00am Euchre 10.00am Bootscooting 11.00am **Tai Chi—with Tricia Lee 12.00pm Bridge Club 1.00pm Table Tennis</p>	<p>23 9.00am Beginners <u>Chair</u> Yogalates Toni—CANCELLED 9.30am Mahjong 10.15am Zumba with Gizelle 11.30am Mindful Yoga with Jane—BYO Mat 1.00pm Table Tennis 1.00pm Caresong</p>	<p>24 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO EYES DOWN</p>	<p style="text-align: center;">Every Saturday of the Month we have <u>Indoor Bowls</u> Start time 1.00 pm .</p> <hr/> <p style="text-align: center;">*Indoor Bowls <u>Cancelled</u> <u>Saturday 4th July 2026</u></p>
<p>27 9.00am Art Group 9.00am Gym/Weights with Steph 9.00am Scrabble 10.00am Gentle <u>Chair</u> Gym with Steph 10.15am Qigong 12.30pm 500's Club—Dining Area 12.45pm Indoor Bowls 2.00pm Mindful Yoga Jane—BYO Mat</p>	<p>28 8.30am <u>Chair</u> Yoga with Jane 9.00am Table Tennis 9.45am Yogalates-CANCELLED 12.45pm Indoor Bowls 1.00pm Mahjong 1.00pm Ukulele</p>	<p>29 9.00am Bootscooting for High Beginners 9.00am Ukulele 9.00am Euchre 10.00am Bootscooting 11.00am **Tai Chi—with Tricia Lee 12.00pm Bridge Club 1.00pm Table Tennis</p>	<p>30 9.00am Beginners <u>Chair</u> Yogalates Toni—CANCELLED 9.30am Mahjong—Dining Area 10.15am Zumba with Gizelle 11.30am Mindful Yoga with Jane—BYO Mat 1.00pm Table Tennis 1.00pm Caresong</p>	<p>31 8.00am Gym with Steph 8.30am Gentle <u>Chair</u> Gym with Steph 9.00am Art Group 10.30am Beginners Bootscooting 12.00pm Canasta 12.45pm BINGO EYES DOWN</p>	<p>Busselton Senior Citizens Centre 22 Peel Terrace Busselton WA 6280 Phone (08) 9752 2232 Email: manager@bscc.net.au www.bscc.net.au</p>