

July 2026

NAME: _____

					ALTERNATIVE MEAL OPTIONS						Depending on availability	
					1	2	3	4				
DATE	SOUP	QTY	SCHEDULED MAIN MEAL	QTY	Bacon & Egg Pie	Steak Pie	Veg Quiche	Meat & Salad	SWEETS	QTY	FROZEN MEAL	QTY
Wed 1st	Pumpkin soup		Chicken cacciatore, mash & vegetables						Custard tart & cream			
Thu 2nd	Creamy zucchini soup		Lamb & rosemary rissole, gravy, macaroni cheese & salad						Peach meringue & custard			
Fri 3rd	Lamb shank & veg soup		Roast pork, baked vegetables, cauliflower cheese & greens						Apple pie & custard			
Mon 6th	Potato & leek soup		Shepherd's pie & greens						Prunes & custard			
Tues 7th	Cream of chicken soup		Beef & mushroom casserole & greens						Sponge cake, jam & cream			
Wed 8th	Tomato soup		Coconut lamb curry, rice & greens						Apricots & custard			
Thu 9th	Pea & ham soup		Chicken schnitzel, gravy, potato bake & coleslaw						Vanilla slice			
Fri 10th	Pumpkin soup		Roast beef, baked vegetables, cauliflower cheese & greens						Sticky date pudding			
Mon 13th	Creamy zucchini soup		Creamy pork & leek casserole, mash & greens						Pears & yoghurt			
Tues 14th	Lamb shank & veg soup		Grilled fish, lemon sauce, mash & Asian salad						Chocolate cake jam & cream			
Wed 15th	Potato & leek soup		Savoury lamb chop, mash & greens						Golden syrup dumpling			
Thu 16th	Cream of chicken soup		Beef rissoles, onion gravy, mash & greens						Pineapple fritter & custard			
Fri 17th	Tomato soup		Roast chicken, baked vegetables, cauliflower cheese & greens						Pavlova, berries & cream			
Mon 20th	Pea & ham soup		Sausages, tomato & onion, mash & vegetables						Baked vanilla custard			
Tues 21st	Pumpkin soup		Sticky pork chop, mash & greens						Lumberjack cake & cream			
Wed 22nd	Creamy zucchini soup		Crumbed fish, vegetable bake & greens						Pineapple delight			
Thu 23rd	Lamb shank & veg soup		Sweet chicken curry, rice & greens						Jelly fruit & custard			
Fri 24th	Potato & leek soup		Roast lamb, baked vegetables, cauliflower cheese & greens						Lemon cheesecake			
Mon 27th	Cream of chicken soup		Marinated chicken drumsticks, mash & greens						Creamed rice & fruits			
Tues 28th	Tomato soup		Lamb & potato casserole, baked carrot & greens						Apple cinnamon cake			
Wed 29th	Pea & ham soup		Corned silverside, mustard sauce, mash & vegetables						Trifle			
Thu 30th	Pumpkin soup		Chicken parmigiana, garlic potato & salad						Tiramisu			
Fri 31st	Creamy zucchini soup		Roast pork, baked vegetables, cauliflower cheese & greens						Apple pie & custard			

Main Meal	\$10.50
Soup	\$3.50
Sweet	\$3.50
Delivery (per time)	\$2.00